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The explosive life of massive stellar binaries



Why massive stars? ($M \gtrsim 7.5 M_{\odot}$)



ζ Ophiuchi is the nearest massive star to Earth

They are the progenitors of neutron stars & black holes



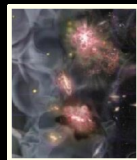
BH or NS
formation in
Supernovae



They shape their environment & the Universe as a whole



BH or NS
formation in
Supernovae

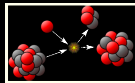


Their light
can break
atoms

Stellar feedback

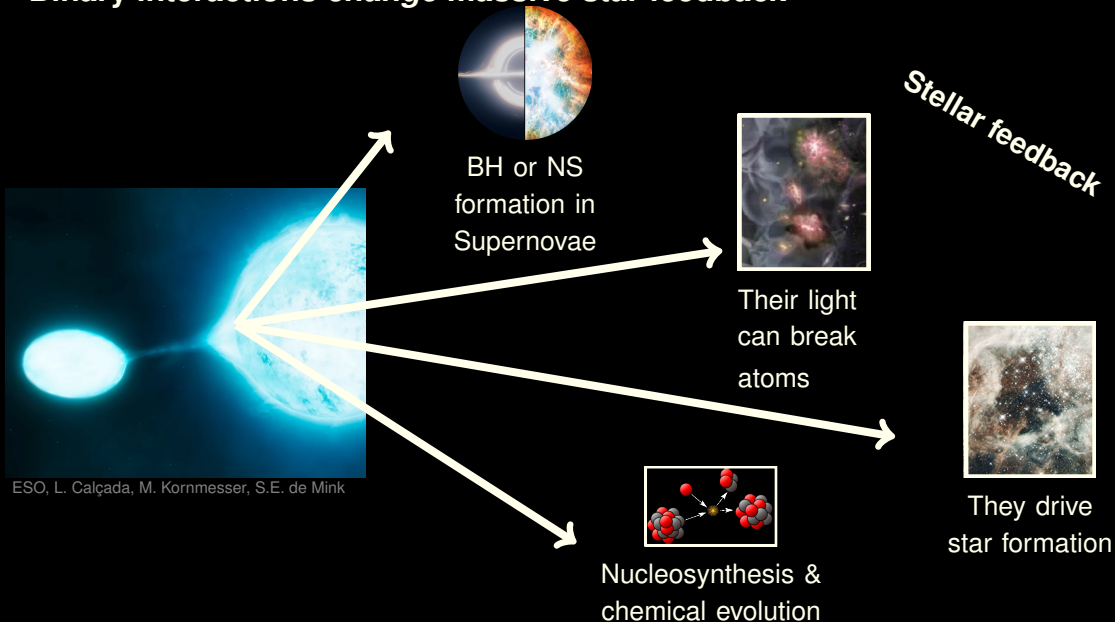


They drive
star formation



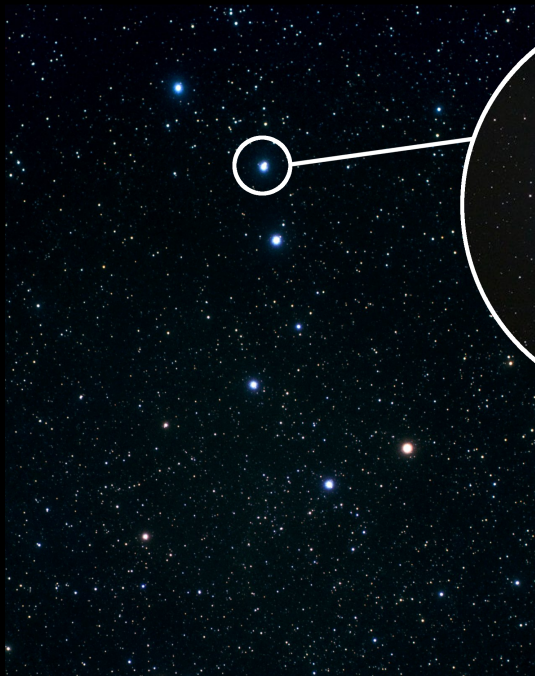
They make lots of
chemical elements

Binary interactions *change* massive star feedback

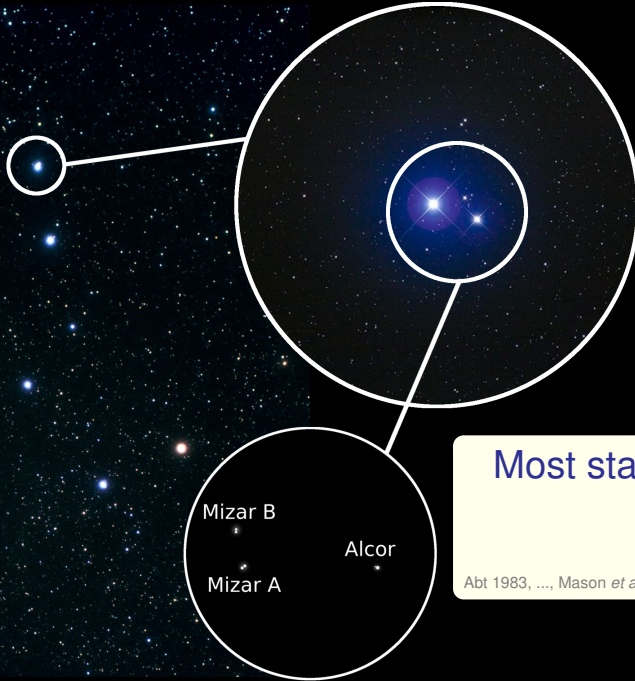




The big dipper



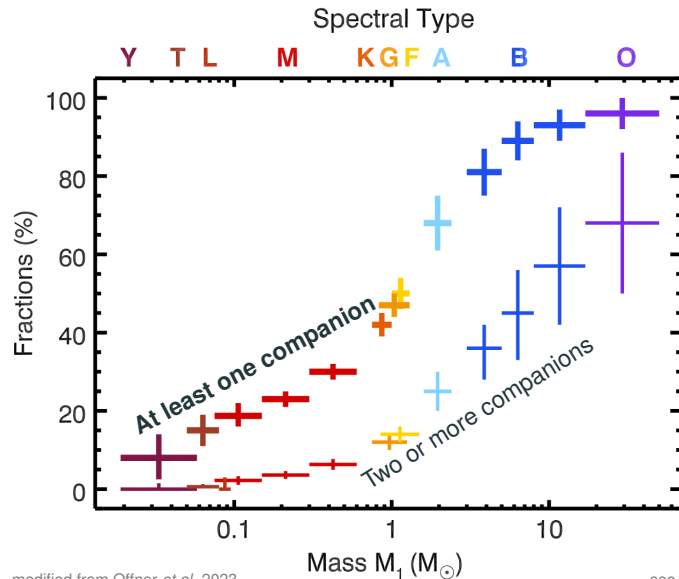
Mizar & Alcor



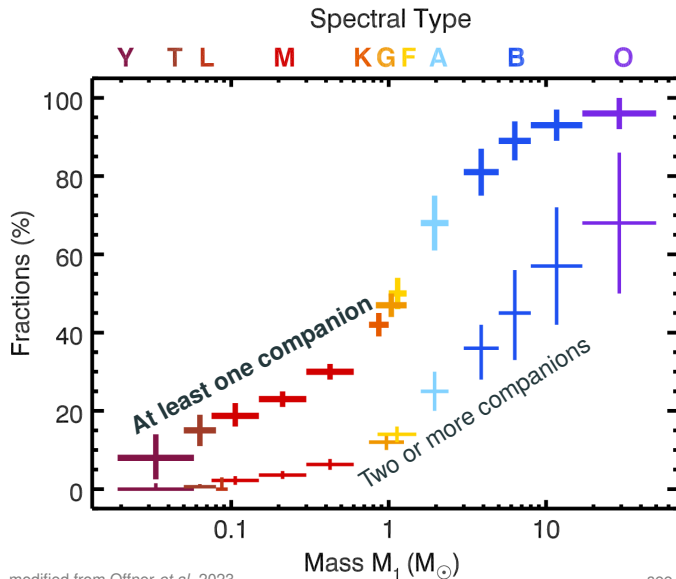
Most stars are in multiple
systems

Abt 1983, ..., Mason *et al.* 2010, Sana *et al.* 2012, Offner *et al.* 2023

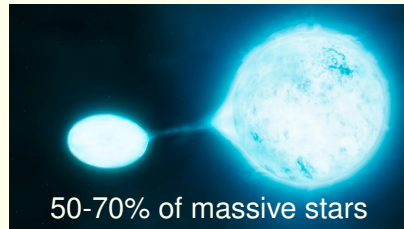
Why binaries? Most (massive) stars are born with companion(s)



Why binaries? Most (massive) stars are born with companion(s)

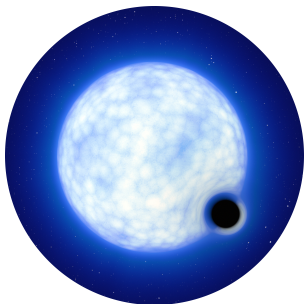


Mass transfer episodes
are **common**



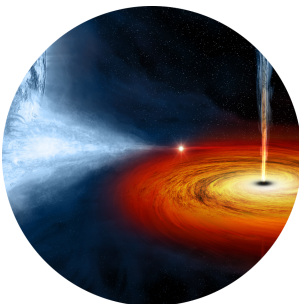
Sana *et al.* 2012

Binaries are the only way to see (stellar-mass) black holes [†]



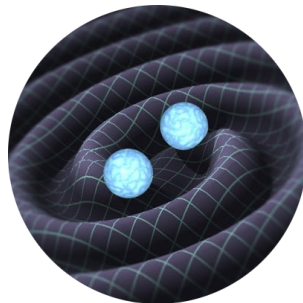
Non-interacting

Shenar *et al.* 2022, El-Badry *et al.* 2022ab, 2023
Vigna-Gómez *et al.* 2024, etc.



X-ray binaries

Webster & Murdin 1972, Bolton 1972,
Ankay *et al.* 2001, van der Meij *et al.* 2021, etc.



Gravitational waves

Including BBH, BHNS, BNS,
LIGO, Virgo, Kagra collaboration

[†]Exception: serendipitous microlensing, e.g. Sahu *et al.* 2022

What do I do with these?

as computational theorist

Can we “see inside” stars? “Fast-forward” their evolution?



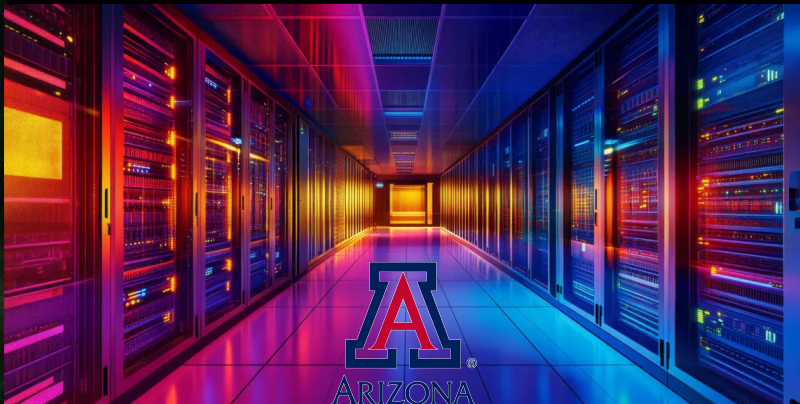
Simulate stars to crack them open and speed them up!

Physical model

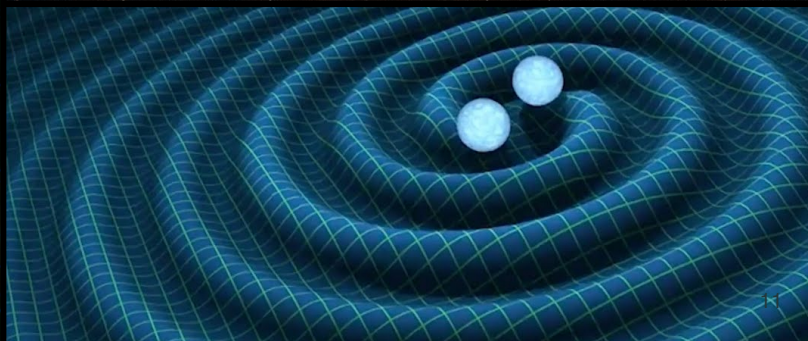
(Equations and inputs)

+

(Super-)computers



Combine *local* sources and populations to validate numerical simulations



The most common binary evolution path

(Stable) Mass transfer

Credits: ESO, L. Calçada, M. Kornmesser, S.E. de Mink

Mass transfer occurs before the 1st explosion

**The donor star loses its H-rich envelope
and becomes the least massive star**

Kippenhahn & Weigert 1967, Götzberg *et al.* 2017



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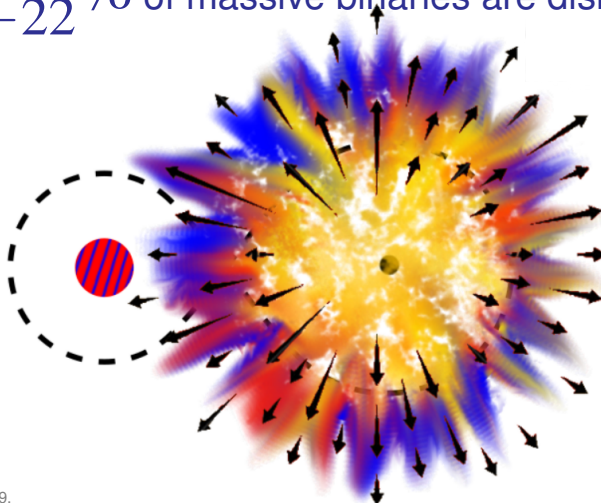


**The “widowed” star carries signatures of
its past in a binary**

Renzo & Zapartas 2020

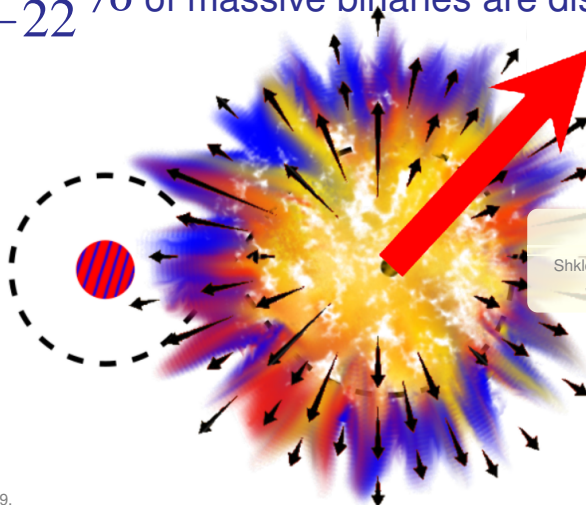
Most massive binaries do not survive the 1st explosion

$86^{+11}_{-22}\%$ of massive binaries are disrupted



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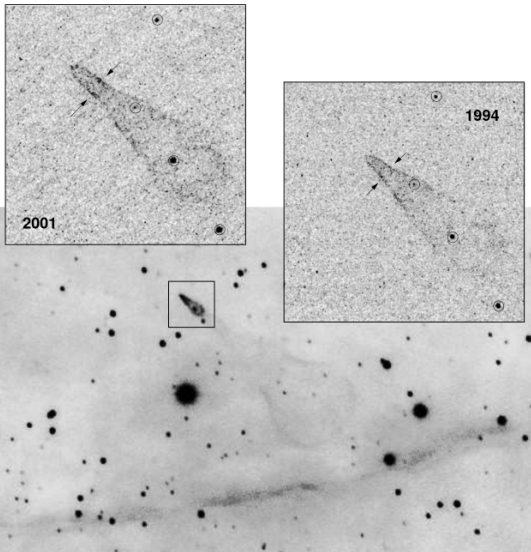
$86^{+11}_{-22}\%$ of massive binaries are disrupted



SN Natal kick

Shklovskii 1970, Katz 1975, Janka 2013, 2017,
Wang *et al.* 2024, Burrows *et al.* 2025

Evidence for natal kicks: $v_{\text{NS}} \gg v_{\text{progenitors}}$



Typically:

- $v_{\text{NS}} \sim 100 \text{ km s}^{-1}$ up to $\sim 1200 \text{ km s}^{-1}$
- $v_{\text{progenitors}} \sim 10 \text{ km s}^{-1}$ up to $\sim 100 \text{ km s}^{-1}$

NS speed up at birth

NS/ejecta momentum redistribution at explosion

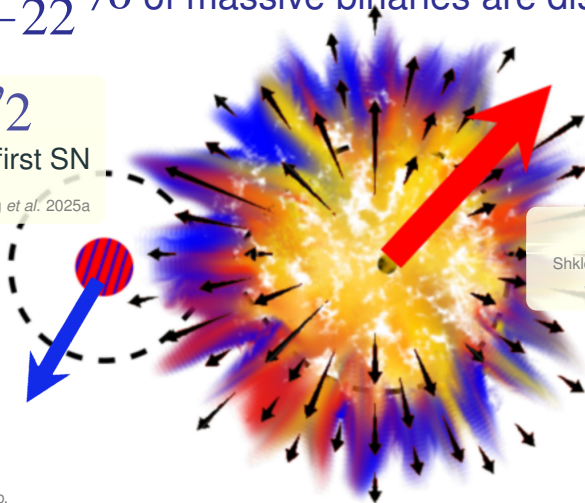
The velocity of the “widowed” star does **not** depend on the SN natal kick

$86^{+11}_{-22}\%$ of massive binaries are disrupted

$$v \simeq v_2$$

before the first SN

Boersma 1961, Wagg *et al.* 2025a

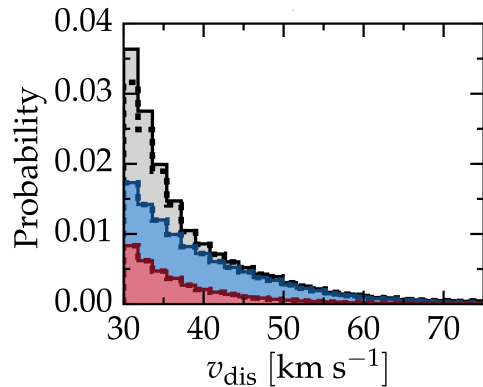


SN Natal kick

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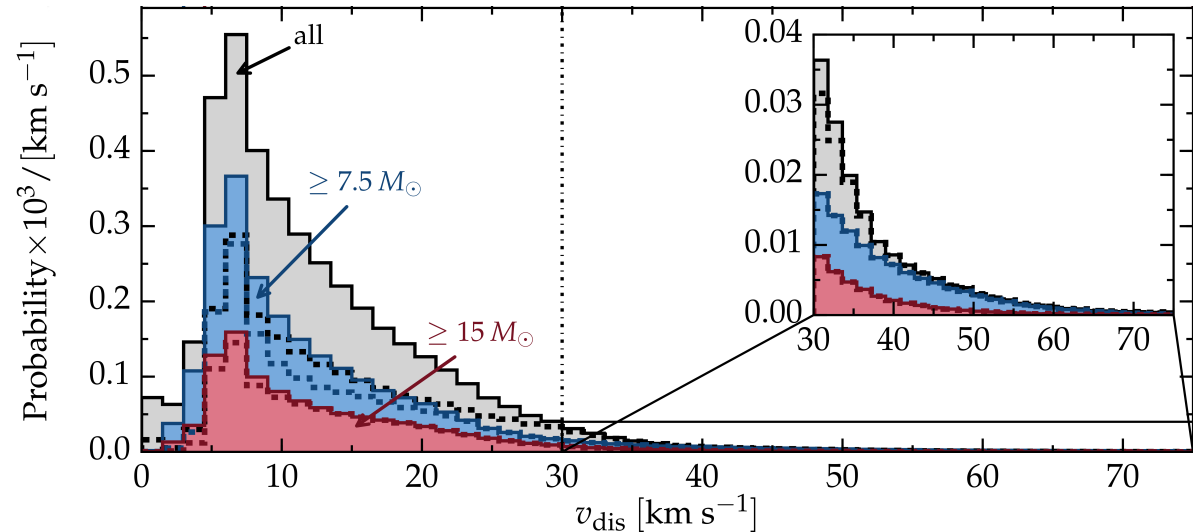
How fast are widowed stars?

Widowed stars can be *runaways*...



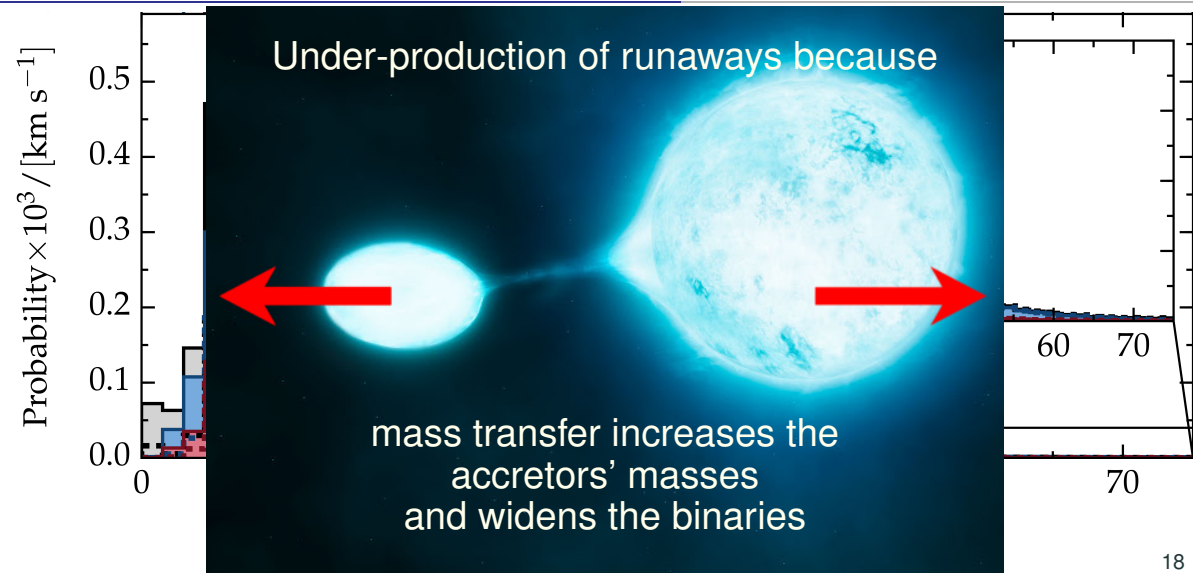
Velocity w.r.t. pre-explosion binary center of mass

...but most are only *walkaways*



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Models of widowed stars...

... and their validation

Using the nearest massive star to pin models



Walker *et al.* 1979,
Herrero *et al.* 1994,
van Rensbergen *et al.* 1996,
Hoogerwerf *et al.* 2001,
Villamariz & Herrero 2005,
Walker & Koushnik 2005,
Zee *et al.* 2018,
Gordon *et al.* 2018,
Neuhäuser *et al.* 2019, 2020,
Renzo & Götzberg 2021,
Shepard *et al.* 2022

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Shepard *et al.* 2022



e.g., Sexton *et al.* 2015, Kiminki *et al.* 2017,
Bodensteiner *et al.* 2018, Raga *et al.* 2022

Using the nearest massive star to pin models

Observational constraints of ζ Oph.:

- $d \simeq 300$ light years (107 ± 4 pc)
- $M \simeq 20 M_{\odot}$
- Luminosity and color
- **Fast “runaway” star**

$$20 \text{ km s}^{-1} \lesssim v_{\text{sys}} \lesssim 50 \text{ km s}^{-1}$$

- **Fastest rotating star known**

$$v \sin(i) \gtrsim 400 \text{ km s}^{-1}$$

- **Weird surface composition**

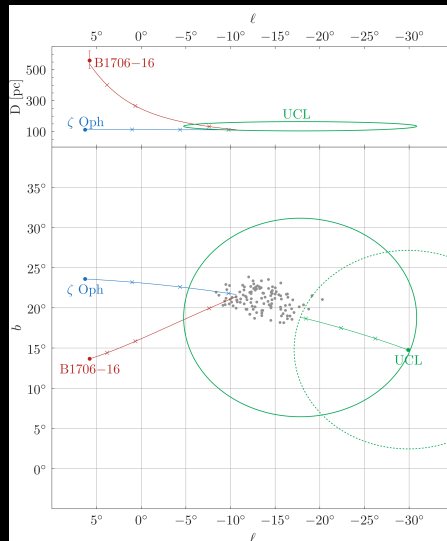
Solar chemistry, ^4He - and ^{14}N -rich, normal ^{12}C and ^{16}O

X Rotating single stars

(e.g., van Rensbergen *et al.* 96, Howarth & Smith 01, Villamariz & Herrero 05)

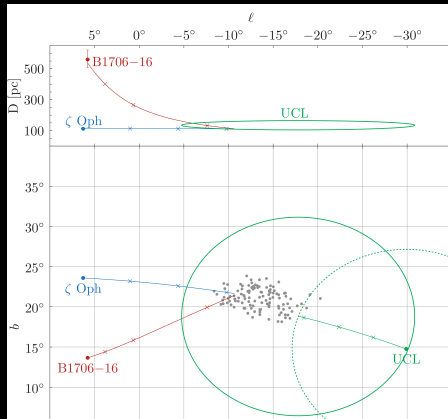
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ζ Ophiuchi is single but we can trace it back to a neutron star



Neuhäuser *et al.* 2019, 2020 see also Blaauw 1952, 1961,
van Rensbergen *et al.* 1996, Hoogerwerf *et al.* 2001, Lux *et al.* 2020

ζ Ophiuchi is single but we can trace it back to a neutron star



SN explosion $\sim 1.78 \pm 0.21$ Myr ago

\Rightarrow Radioactive iron rain on Earth

Benitez *et al.* 2002, Fry *et al.* 2016, Neuhäuser *et al.* 2020

Neuhäuser *et al.* 2019, 2020 see also Blaauw 1952, 1961,
van Rensbergen *et al.* 1996, Hoogerwerf *et al.* 2001, Lux *et al.* 2020

Numerical model of ζ Ophiuchi

$$Z = 0.01$$

(Murphy *et al.* 2021)

$$M_2 = 17 M_{\odot}$$



$$P = 100 \text{ days}$$

(case B RLOF)

$$M_1 = 25 M_{\odot}$$





Not simultaneous!





Not simultaneous!



Does a binary past help with ζ Oph. ?

Renzo & Göteborg 2021

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It's fast moving because it was ejected from a binary

Observational constraints of ζ Oph.:

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✗ Rotating single stars

(e.g., van Rensbergen *et al.* 96, Howarth & Smith 01, Villamariz & Herrero 05)

It's fast rotating because it was spun up by accretion



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The composition is a mixture of both stars

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A binary past does help with ζ Oph. !
and the effects of accretion are long-lasting

Renzo & Göteborg 2021



A binary past does help with ζ Oph. !

and the effects of accretion are long-lasting

Renzo & Göteborg 2021

Ongoing work:

- Does mass transfer change the interior structure?

Renzo *et al.* 2023, Wagg *et al.* 2024, Lau *et al.* 2024, Schürmann & Langer 2024, Landri *et al.* 2025

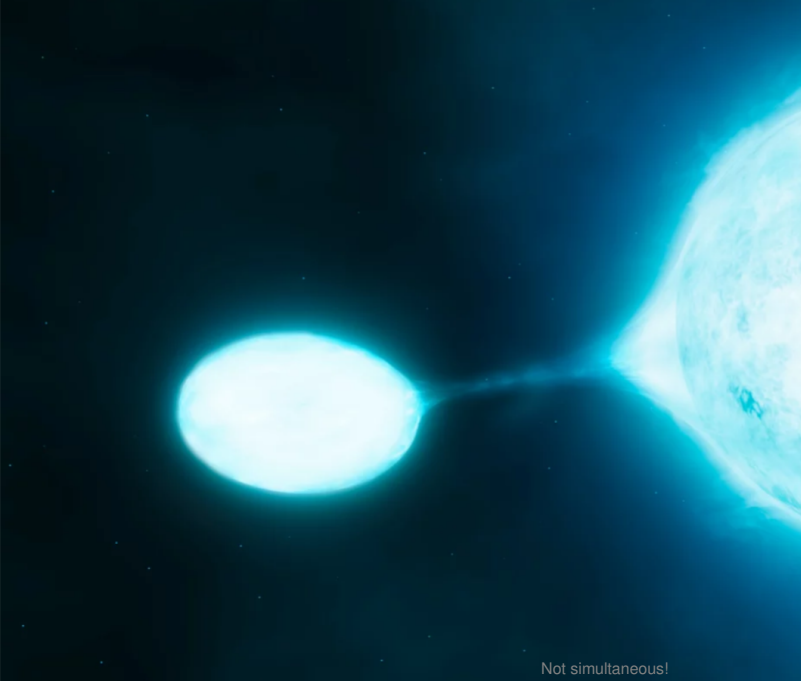
- Use telescopes to find more widowed stars!

First remote observation one month ago!

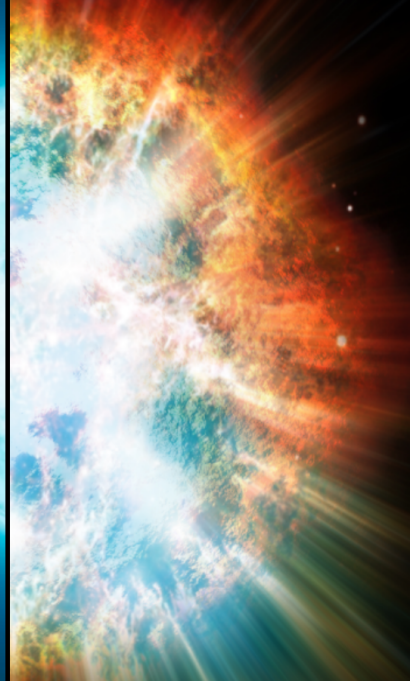
Question

Which star explodes first? (and why?)





Not simultaneous!





Not simultaneous!





Take home points:

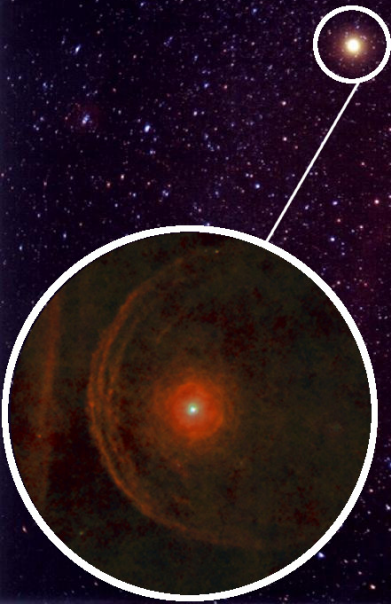
- Massive stars are born with companion(s)
Interactions are common
- Most binaries break at the 1st supernova
Donor explodes, “widowed” accretor is ejected
- Binaries with a NS or BH are rare
though that’s typically the only way to study BHs
- ζ Ophiuchi is a “widowed” star
the nearest massive star to Earth (~ 300 ly)

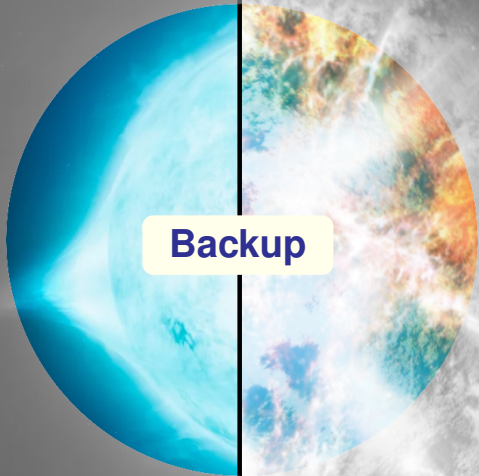
The future of ζ Oph.:
becoming a runaway **red** supergiant



The future of ζ Oph.:
becoming a runaway **red** supergiant
like Betelgeuse

nearest “old” massive star
also runaway
recently claimed
to still be in binary





Backup

⇒ How does binarity change the collapse and explosion

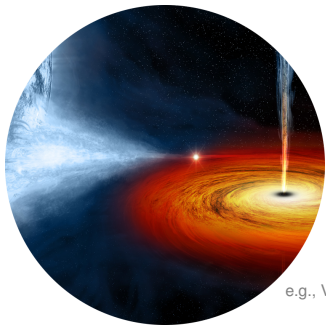


⇐ How do stellar explosions change the binaries ?

Do BHs receive kicks ?

NO

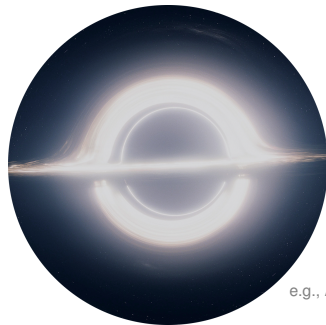
⇒ most remain with their companion



e.g., Vigna-Gómez et al. 2024

YES

⇒ most are single and we can't see them...

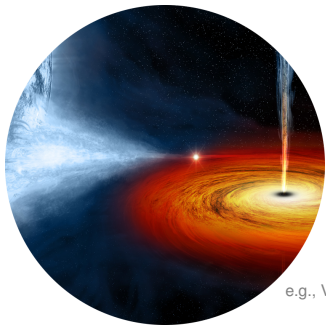


e.g., Atri et al. 2019

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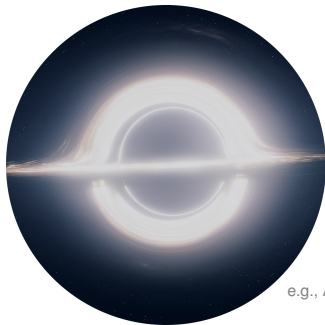
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YES

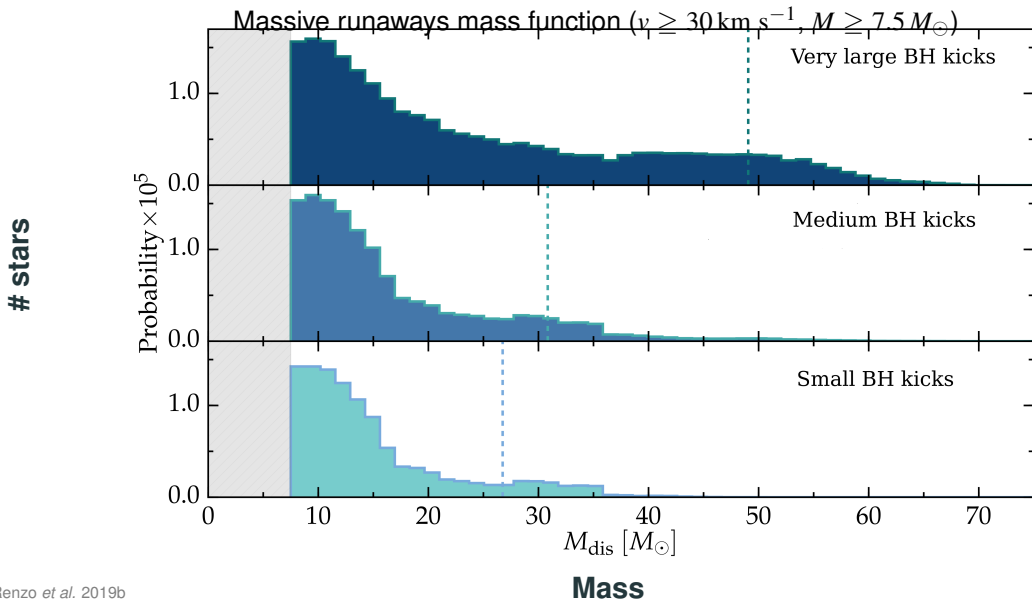
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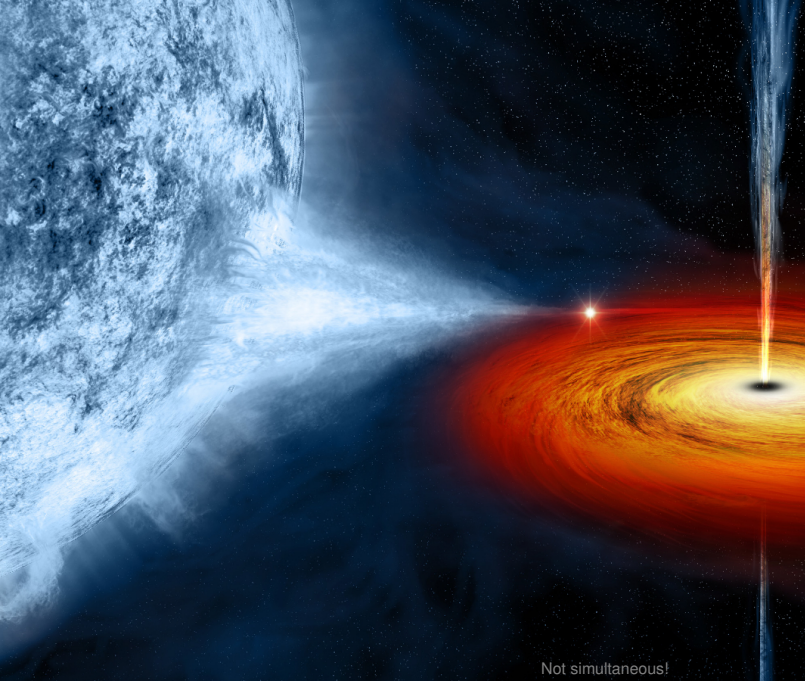


e.g., Atri et al. 2019

...but we can see the
“widowed” companions

Constraining BH kicks with the mass distribution of “widowed” stars





Not simultaneous!