WHAT IS FIRST AID? First aid refers to medical attention that is usually administered immediately after the injury occurs and at the location where it occurred.

American National Standard Institute (ANSI) ANSI/ISEA Z308.1-2015 Classes of First Aid Kits

<table>
<thead>
<tr>
<th>Class A Kits</th>
<th>Class B Kits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class A first aid kits are intended to provide a basic range of products to deal with most common types of injuries encountered in the workplace</td>
<td>Class B kits are intended to provide broader range and quantity of supplies to deal with injuries encountered in more populated, complex and/or high risk workplace environments</td>
</tr>
</tbody>
</table>

5 Major Areas of First Aid

<table>
<thead>
<tr>
<th>Major Injury / Trauma</th>
<th>Minor Injury</th>
<th>Eye Care</th>
<th>Employee Comfort</th>
<th>Burn Care</th>
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<tr>
<td>Scissors, gauze pads,</td>
<td>(such as a cut or scrape):</td>
<td>Eyewash stations, refill solution</td>
<td>Cold relief, allergy relief, headache relief,</td>
<td>Burn dressing, burn spray, burn cream</td>
</tr>
<tr>
<td>tourniquet, mouth barrier</td>
<td>Adhesive bandages, antiseptic spray, cold compress</td>
<td></td>
<td>antacids</td>
<td></td>
</tr>
</tbody>
</table>

OSHA 29 CFR 1910.151(b)

The employer is responsible to assess and tailor first aid kits to:

⇒ proximity to medical services
⇒ location of worksite
  ● telescope sites
  ● remote worksites
  ● worksite vehicles
⇒ type of workplace hazards
⇒ degree of hazards
⇒ number of employees
⇒ level of training of employees

⇒ OSHA requires:

♦ In the absence of an infirmary, clinic, or hospital near the workplace, a person or persons must be adequately trained to render First Aid, CPR and the use of an AED
♦ Adequate first aid supplies must be readily available to the first aid provider
♦ They should not have to travel through several doorways, hallways and/or stairways to access the first aid supplies
♦ Inspect your cabinets at least monthly or whenever a workplace injury has occurred
♦ Check for expired, tampered and products that are missing or low in stock